

ANNUAL REPORT

2021-2022

TIRUCHIRAPPALLI MULTIPURPOSE SOCIAL SERVICE SOCIETY



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ORIGIN

Tiruchirapalli Multipurpose Social Service Society (TMSSS) was **established during the year 1975** for the promotion of justice, peace and development through integrated and integral human development initiatives and for establishing a just society. TMSSS has been registered as a Society under the Societies Registration Act of **1860 on 10.01.1975** under No.2/1975. Registration done under FCRA 1976 was renewed under the amended **Foreign Contribution (Regulation) Act (FCRA) 2010** on 03.08.2016 **under the same No.076040030 and the registration is valid till 30.10.2021.** Registered also under **section 12A** of the Income Tax Act 1961 on 22.04.1988.

VISION

Creation and establishment of a just society based on the Gospel values of **love, peace, justice, equality, fraternity, transparency and credibility.**

MISSION

Empowerment of all the target people through **awareness, motivation, education, participation** etc. in every field to emancipate and enable them to live with self and human dignity by the process of action-reflection and follow-up action.

OBJECTIVES

- To perform works of charity for those in need irrespective of caste, race, community or creed.
- To engage in social service activities aimed at improving the living conditions and general welfare of the poor, particularly farmers and other working people, as well as poor and indigent persons from whatever occupation they are.
- To motivate, educate and organize people, creating local leadership to enhance their social, economical and cultural status with their involvement.
- To undertake and participate in programmes pertaining to health, education (formal and non-formal), employment, etc in the fields of rural and urban, agricultural, industrial and technological development.
- To seek the collaboration and the co-operation of other voluntary and Government agencies for development activities and programmes, including relief programmes to people in areas affected by natural calamities and other emergencies and wherever possible, to collaborate and work with such agencies.
- To rehabilitate physically and socially handicapped people as per their aptitudes and skills.
- To establish, promote or assist in establishing or promoting and to subscribe to or become a member of any society or association whose objects are similar to the objects of the society.
- To take up Women and Children Welfare Programme.
- To promote communal harmony, national integrity and solidarity among people irrespective of caste, creed and race and to do or to be done all such other activities that are not contrary to the Bye-laws of the Society.

HEALTH PROGRAMMES

COMMUNITY BASED HEALTH CENTRES

Health Centers run by TMSSS are:

Main Centre/

1. Annai Velankanni Hospital, Manjampatty, Manapparai, Trichy Dt.

Sub Centres

2. St. Innasiyar Hospital, Avarampatty, Manapparai block, Trichy Dt.
3. Annai Periyannayagi Hospital, Chinnandipatti, Karur Dt.

These sub centers are situated in the village outskirts of Trichy and Karur districts where medical accessibility is remote. These centres are functioning as outpatient units with which they cater to the population for their acute illnesses and antenatal cares. The main center at Manjampatty is a maternity hospital with 10 bedded facilities and serve as a primary care center, where normal labour is conducted. The centre is equipped with lab facility at concessional rates to serve the needy people. We have established tie ups with the well-known hospitals for cesarian operations in case of remote needs.

T.M.S.S.S Annai Velankanni Hospital has Served:

YEAR	OUT PATIENTS	IN PATIENTS	LAB
April 2021 – Mar2022	5425	32	892

The Beneficiaries are from Manjampatty, Theerampatti, Nochimedu, Vellakal, Pothamettu Patty, Manapparai, Kalpalaiyathampatty, Puthupatty, Rayampatty, Malaiyadipatty, Therasa Nagar, Thomas Nagar, Sebasthiyarpatty, Avarampatty, VengaiKurichy, Edayapattianpatty, Pommampatty, Viralimalai, Poolampatty, Mullippadi and Kulavai Patti.

Beneficiaries:

S. No.	Month	OP-Male 15 years above	OP-Female 15 years above	OP-Boys 5-14 years	OP-Girls 5-14 Years	OP-Boys 1-5 Years	OP-Girls 1-5 Years	Out-Patient (OP) Total	In Patient	Lab
1	Apr	100	90	78	68	52	48	436	1	78
2	May	160	128	90	70	91	29	568	3	74
3	Jun	72	68	88	98	88	57	471	10	108
4	Jul	90	98	126	40	55	42	451	2	86
5	Aug	126	120	30	50	40	20	386	2	89
6	Sep	120	90	80	50	30	35	405	1	75
7	Oct	150	120	62	86	45	35	498	1	81
8	Nov	180	150	32	47	38	36	483	3	72
9	Dec	160	180	18	12	20	13	403	2	47
10	Jan	200	199	40	50	42	38	569	1	44
11	Feb	100	110	54	40	18	12	334	4	65
12	Mar	150	130	42	40	28	31	421	2	73
	Total	1608	1483	740	651	547	396	5425	32	892

T.M.S.S.S St. Innasiyar St. Ignatious Hospital, Avarampatty, Manapparai block, Trichy Dt

Nurses: Mrs. S. Sagayarani, Mrs. Kamala Bakiyam Beneficiaries are from Avarampatty, FathimaPudur, Pungambadi, Arunampatty, Karattupatti, Alathur and Mullippadi.

Beneficiaries:

S. No.	Month	OP-Male 15 years above	OP-Female 15 years above	OP-Boys 5-14 years	OP-Girls 5-14 Years	OP-Boys 1-5 Years	OP-Girls 1-5 Years	Out-Patient (OP) Total
1	Apr	58	60	32	40	18	12	220
2	May	89	75	38	29	9	5	245

3	Jun	42	58	18	24	7	8	157
4	Jul	49	65	27	12	8	7	168
5	Aug	74	85	40	30	18	5	252
6	Sep	80	91	38	28	12	7	256
7	Oct	82	90	30	22	10	9	243
8	Nov	98	130	42	50	28	22	370
9	Dec	100	140	40	18	7	8	313
10	Jan	110	128	33	28	18	20	337
11	Feb	90	150	22	18	5	5	290
12	Mar	110	180	18	15	8	10	341
	Total	982	1252	378	314	148	118	3192

T.M.S.S.S Annai Periyannayagi Hospital, Chinnandipatti, Karur District.

Nurse: Mrs. Alphonza Mary

Beneficiaries:

S. No.	Month	OP- Male 15 years above	OP- Female 15 years above	OP- Boys 5-14 years	OP- Girls 5-14 Years	OP- Boys 1-5 Years	OP- Girls 1-5 Years	Out- Patient (OP) Total
1	Apr	70	48	20	18	12	15	183
2	May	30	38	15	16	11	13	123
3	Jun	30	40	26	18	08	04	126
4	Jul	36	30	26	18	16	10	136
5	Aug	80	60	28	18	20	22	228
6	Sep	56	60	22	28	12	10	188
7	Oct	80	70	28	24	15	17	234
8	Nov	90	130	48	42	17	12	339
9	Dec	100	88	39	27	04	09	267
10	Jan	98	114	32	22	08	04	278
11	Feb	88	73	28	26	04	02	221
12	Mar	78	68	43	11	03	04	207

	Total	836	819	355	268	130	122	2530
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INTEGRATED REHABILITATION CENTRE FOR DRUG ADDICTS (IRCA)

Reg. at: State Mental Health Authority, Government of Tamilnadu.

Alcoholism is a broad term for problems with [alcohol](#), and is generally used to mean [compulsive](#) and uncontrolled consumption of [alcoholic beverages](#), usually to the detriment of the drinker's health, personal relationships, and social standing. It is medically considered a [disease](#), specifically an addictive illness. In psychiatry several other terms have been used, specifically "[alcohol abuse](#)", "[alcohol dependence](#)," and "alcohol use disorder" which have slightly different definitions.



Alcohol consumption has been steadily increasing in developing countries like India and decreasing in developed countries since the 1980s. The pattern of drinking to intoxication is more prevalent in developing countries indicating higher levels of risk due to drinking. 62.5 million alcohol users are estimated to be in India. Per capita consumption of alcohol had increased by 106.7% over the last 15-year period from 1970 to 1996.

Changing social norms, urbanization, increased availability, high intensity mass marketing and relaxation of overseas trade rules along with poor level of awareness related to alcohol has contributed to increased alcohol use.

TMSSS, Integrated Rehabilitation Centre for Addicts makes professional intervention in the lives of addicts for better change. The centre has completed 25 year of service during which alcoholics and drug addicts were treated. During the last financial year of 2021-2022, totally **268** alcohol / drug addicts were treated.

SALIENT FEATURES OF THE AREA AND CENTRE:

The TMSSS, Integrated Rehabilitation centre for Addicts is located in the heart of Keeranur town, Pudukkottai District, which has an easy accessibility by various transport services (24 hours) like bus, train and auto rickshaws. Supportive service systems like Govt hospitals (just 100 feet away from the Centre), Psychiatric clinics, Psychiatric Consultant, Clinical Psychologist, Doctor (General Medicine), Clinical laboratories, etc. are available within the Centre.

The centre has a congenial and calm atmosphere with all facilities like spacious wards, clean environment, hygienic sanitation facilities and recreation like T.V, FM Radio, News Paper, play materials. It also has a separate room for counseling, spacious therapy room, dining room, etc.

Activities of IRCA

1. Preventive Education and Awareness Generation
2. Screening and Motivational Counseling
3. Detoxification and Whole person Recovery (WPR)
4. Care and Support to families of drug Users
5. Referral Services
6. After Care and Follow-up
7. Rehabilitation

ACHIEVEMENTS OF THE IRCA CENTRE (APRIL 2021 TO MARCH 2022)

SL. NO.	NAME OF THE ACTIVITY	NUMBER OF PROGRAMME
I	PREVENTIVE SERVICES:	
	1.General public	04
	2.Students	02
	3. Women Groups	03
	4. Day celebrations	02
	5.N.G.O. Staff	01
	6.Labourers	02
	7.Youth	01
II	PROMOTIVE SERVICES:	
	1.Group Therapy	250
	2.Relaxation Therapy	48
	3.Re-Educative lectures	240
	4.Family Therapy	48
	5.Yoga Therapy	230
	6.Spiritual Classes	48

III	COUNSELLING SERVICES: 1. Individual counselling 2. Family counselling 3. Counselling for Children of Alcoholics	3108 1028 142
IV	CLIENT DATA: 1. Clients registered for treatment 2. Admission of new clients 3. Referral services 4. Recovered clients 5. Relapses	320 268 113 241 27
V	FOLLOW-UP 1. Number of Home visits 2. Number of Follow-Up treatment and Counselling 3. Letters to drop-outs and Ex-addicts	336 705 285
VI	REHABILITATION SERVICES: 1. Vocational 2. Work place 3. Educational setting 4. Family	22 23 07 26

PROVISION OF SAFE DRINKING WATER

The TMSSS spared no efforts to procure the required funds to provide safe and protected drinking water to the rural communities where they faced acute scarcity.

During the year 2021-22 the organization was facilitated to get the required financial assistance from AUARA, the Donor through the intercession of City of Hope and Joy Foundation, Madrid, Spain.

With the generous contribution made by AUARA, the TMSSS was enabled to provide the required facilities at the following two places.

- a) Nellurpatty: The bore hole after proper and accurate detection by an expert diviner was drilled upto 600 feet. i.e. around 162 meters. The bore hole was able to supply the required quantity of water. The TMSSS subsequently installed submercible electric motor and established conection to the overhead Tank of 1000 litres capacity through PVC pipelines.
- b) Vayalogam: The bore well and its other installations were made in this remote village by the Parish of Vayalogam. The depth of the bore well was increased to 100 feet more to get adequate supply since the area is very draught prone.

EDUCATIONAL AND SPORTS ACTIVITIES

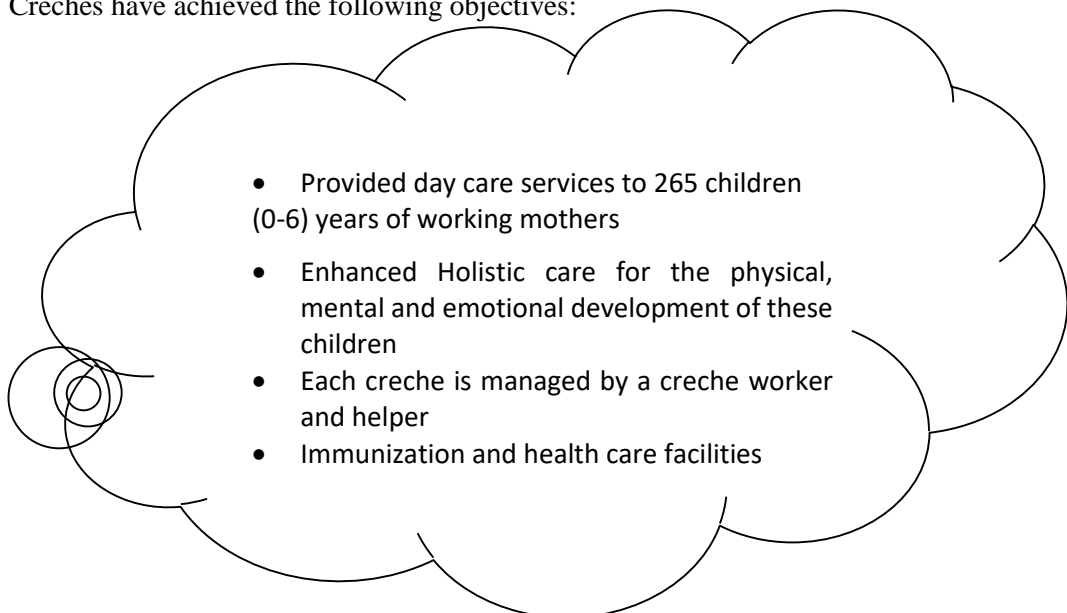
DAY CARE CENTRES (CRECHES)

*National Creche scheme for the children of working mothers
(Aided by Central Social Welfare Board, Government of India, New Delhi through
Integrated Child Development Service, Chennai)*

Creches – Boon to children “the future in safe hands”

With the increased opportunities for employment for women and the need to supplement household income more and more women are entering the job market. With the breaking up of joint family system and the increased phenomenon of nuclear families, working women need support in terms of quality, substitute, care for their young children while they are at work. Creche and Daycare Services are not only required by working mothers but also women belonging to poor families, who require support and relief from childcare as they struggle to cope up with the burden of activities, within and outside the home. Effective day care for young children is essential and a cost effective investment as it provides support to both the mothers and young children. It is also a protection measure as it addresses issues such as child labour, school drop outs, child prostitution, outreach for medical and health programme, female literacy etc., TMSSS runs 13 Creches in Trichy and Pudukkottai Districts to augment the overall growth and development of 265 children in both rural and urban areas.

Crèches have achieved the following objectives:

- 
- Provided day care services to 265 children (0-6) years of working mothers
 - Enhanced Holistic care for the physical, mental and emotional development of these children
 - Each creche is managed by a creche worker and helper
 - Immunization and health care facilities

ACTIVITIES

- ❖ Non –formal preschool education to children
- ❖ Recreation
- ❖ Children’s creativity boosting.
- ❖ Expression of thoughts and ideas through speaking and drawing
- ❖ Physical development of children usually includes simple and easy exercises and outdoor games to ensure the physical fitness of the children.
- ❖ Scribbling and Drawing Activities
- ❖ Nursery Rhymes and Dance

So, the children are made not only good, but also happy through the crèches.

Pre School training for Crèche teachers:

In-service training was conducted for crèche teachers and helpers on 11.02.2021. Teachers are motivated to perform better. Topics ranging from child psychology, nutritional needs of children, health and hygiene, parent-child relationship, playway methods are being taught during training sessions. Physical, intellectual, social, Emotional and moral development of children were elaborately handled.

During the sessions the teachers were trained to prepare different types of teaching aids like charts, puppets, flip cards etc. With this type of training the teachers are armed with the required teaching skills to instill the right kind of attitude for learning among children.

“A child is an uncut diamond”

EDUCATION CARE AND SUPPORT FOR POOR BOYS AND GIRLS

St. Joseph's home for boys and Mother Theresa's home for girls are being run and maintained by TMSSS at Nazareth, Pudukkottai district, with the financial supports of Hope and Joy Foundation, Spain and Indo-German help for Children-Germany. 32 boys and 25 girls hailing from vulnerable families were accommodated during the year 2021-2022 in the homes and they are being provided education, Institutional/Residential care and other material supports. These homes are being run and maintained with and for the following basic objectives.

Objectives:

The basic objectives of both the homes are:

- Enhancing the level of knowledge and skills of the boys and girls in academic subjects and in coping skills.
- Ensuring that the boys and girls have greater access to basic needs such as shelter, food, clothing and health care.
- Providing space for the boys and girls to cultivate and develop extracurricular and co-curricular activities for holistic development.
- Helping the boys and girls to identify their hidden talents and skills and provide them a platform to exhibit and foster them further.
- Enabling them to enjoy a good physical and mental health thorough sports and games activities.

Activities:

- St. Joseph's and Mother Theresa homes accommodated 32 boys and 25 girls. Among the inmates of both the homes, Orphans, semi-orphans (with one of the parents) and others are from vulnerable and economically very backward families.
- Both the boys and girls were provided food and shelter with basic facilities in those homes respectively.
- Boys and girls were supported continue their education at nearby St. Thomas Higher Secondary School owned by the Diocese of Tiruchirappalli.

- All the children were provided uniform clothes, casual dress materials, educational aids in the form of Note books, Guide books and other stationeries, personal needs like soap, oil, comb, brush, paste etc.,
- All the minor ailments of all the children were taken care of by the homes freely.
- Special coaching classes in English, Maths and Science were given to the boys and girls separately by appointing experienced teachers in those subjects from the School to improve their standard and quality of education.
- With the wardens of both the homes, Spoken English were given to them and they were assisted daily to complete their school home works.
- As a part of co-curricular activities they were encouraged to join in NCC, Scouts and NSS with an intention to foster discipline, team spirit, time consciousness and civic responsibilities from their young age.
- As a part of co-curricular activities they were encouraged and facilitated to participate in oratory, drawing, drama, singing and group activities to exhibit and to further improve their inherent talents / capacities.
- With the help of the TMSSS's qualified and experienced Counsellors the inmates were counselled both individually and in groups to help them to come out of their home sickness, emotions, grief's, shyness etc.,
- With a view to improve their mental and physical stamina they were involved to work in the gardens of their respective homes. Besides that the eligible boys and girls who were in VI and IX standards were enrolled as members in the St. Thomas Social-Sports School established by TMSSS with the financial support of Realmadrid Foundation through Hope and Joy Foundation. They are being given coaching in foot ball systematically with the help of professionally qualified, experienced coaches who are also trained by Realmadrid Foundation's coaches.
- To make their leisure time more useful and meaningful they were facilitated to play with indoor games materials like Chess, Carom, Shuttlecock, Ring ball, Throw ball, Parama patham etc.,

- The inmates of both the homes were taken to other places to give them an exposure to learn from Sightseeing, Observation, mingling with others through interaction etc.,
- Sports and games competitions were also conducted to exhibit their individual talents and they were made happy by giving prizes.
- The Homes function well with the required staff like wardens, cooks and service providers to manage and maintain the inmates.
- Special programmes like Christmas Day, Pongal, Diwali, Children's Day, Independence Day, Republic Day, Teachers' Day etc., were organized and celebrated to make them know the importance and significance of those days.

Achievements:

- Students are very excellent in their studies due to our continuous attention. We took at most effort to make the students speak in English
- Awareness programmes at regular basis about environment has been conducted which enabled the student to plant saplings every year in addition to what they have planted earlier.
- Group games to students were organized at periodical intervals for their interpersonal relationship growth.
- Drawing classes, Music classes, Dance classes, etc., organized to students to equip and develop their skills.
- Through Cultural programmes for the students. They were able to improve their personality and individual growth.
- The poor, less privileged and abandoned children were supported not only to pursue and progress in their studies but also to develop, foster and maintain good health, discipline, leadership, hospitality, team spirit, spirituality etc., aiming at their holistic development.

Conclusion:

The spiritual growth was inculcated among the students through daily prayers and weekly masses and adorations.

SOCIAL – SPORTS SCHOOLS (REALMADRID)

The details of coverage are:				
Name of School	Soccer			Place
	Boys	Girls	Total	
St. Thomas	60	40	100	Nazareth
St. Patrick	50	50	100	Alunthur
R.C. I	100	-	100	Tiruchy - Contonment
Sacred Heart	100	-	100	Tiruchy - Ponmalaipatty
St. Joseph	60	40	100	Tiruchy – Manaparai
R.C. II	60	40	100	Tiruchy – P. Anaikaraipatty
Total	430	170	600	

Equipment Materials and Services provided:

- Sports Uniforms (Tops and Trousers) with appropriate emblems.
- Sports Shoes with stockings and shin pads or Ankles
- Sports kit bags.
- Nutritional snacks on all the days of their trainings & practice.
- Medical services at the time of every need.
- Special classes to upgrade and update their educational standards.
- Periodical parents' meetings to appraise them and to elicit their full cooperation.
- Exposures to take part in play tournaments with other teams within the school, inter schools, zonal and at District level.
- The exemplary students were encouraged & supported to get admissions in the Govt. run sports schools to continue their education and sports activities at free of cost at all levels.

Activities initiated during the lockdown period:

The organization distributed relief measures / packets containing Dhal, Oil, Grocery items, Sanitizers and Face masks to all the families of the students enrolled in the Social Sports School at their door steps so as to keep the students and their family member not becoming prey to the

dreadful pandemic. TMSSS was also enabled to mobilize some financial resources from different sects of people.

Coaching activities during the COVID 19 lockdown period:

The coaches took all the required strenuous steps to meet the students and their parents despite the risks involved, to create an awareness and to enthuse them to keep the norms stipulated by the Tamilnadu Government to safe-guard themselves.

The students were also provided with awareness, fitness exercises, Mind games, Home games, Group Games etc.

The coaches wherever and whenever possible gathered our sports school students in small groups as directed by the local government and Real Madrid Foundation tried their best to equip the students in all the fields they required to become an examples of TMSSS efforts.

The newly selected coaches at one for each of Six Schools were trained online by the Realmadrid Coach and the Secretary Fr. B. John extended his full support to make the programme / Training more successful.

REHABILITATION PROGRAMMES

NAMBIKKAIYAGAM – HOME FOR INTELLECTUALLY DISABLED ADULTS

Through DDAWO, Trichy from State Commissionerate for Disabled, Tamilnadu.

Supported by: Ministry of social Justice & Empowerment – Govt. of India.

Nambikkaiyagam is being run and maintained by TMSSS from the year 2008 with the financial support of the Commissionerate for the Welfare of the Differently Abled, Govt. of Tamilnadu with an objective to identify and develop the hidden vocational skills and thereby facilitate the Intellectually Disabled Adults access to livelihood security without further dependence on others. During the year 2021-2022 Intellectually Disabled Adults numbering 40 were accommodated and equipped with vocational and cultural skills apart from providing special education.

Aims and Objectives:

- Providing Education and training to the challenged adults.
- Providing comprehensive care and suitable vocational training to Intellectually challenged.
- Enhancing the employability of the challenged.
- Improving Socialization process and acceptance.
- Emphasizing the responsibility of parents and the extended families through concurrent counselling and motivation.
- Undertaking and encouraging scientific research works related to prevention of Intellectually Disabled ness.
- Developing Public awareness on Intellectually Disabled.

Services Delivered in the Home:

- Shelter, Nutritious food and Health care.
- Special Education
- Vocational Training
- Creating a platform to exhibit their inherent talents in acting, dancing, singing and in sports activities.

Notable events of the year 2021-2022:

- ✳ 30 Inmates of Nambikkaiyagam were disbursed Rs. 5,400/- each as food allowance to compensate the 6 months' of Home closure due to Corona Pandemic. The amount was deposited in the month of April 2021 in their Individual Bank accounts directly by the headquarters.
- ✳ The employees of Nambikkaiyagam joined in helping with the staffs of UDID from June 21st onwards as directed by DDAWO office.
- ✳ All the staff of TMSSS were complimented with a bag of Grocery Items from the Head Office (TMSSS) on 11.08.2021 to help them to face the pandemic. This distribution function was headed by the Secretary Rev. Fr. John Selvaraj, TMSSS, Trichy.
- ✳ 15.08.2021 Independence day was celebrated.
- ✳ 26.08.2021 under the chair of Rev. Fr. John Selvaraj Sanitizer, Mask, Soap kit were distributed in the Nambikkaiyagam campus.
- ✳ 20.09.2021 New DDAWO officer Mr. Chandra Mohan visisted Nambikkaiyagam first the time.
- ✳ 23.09.2021 all the staff of TMSSS were complimented with Medical Kits by the head office to help them protected from the COVID 19 Pandemic through Caritas India.
- ✳ 02.12.2021 World Disabled Day was celebrated at Nambikkaiyagam in the presence of DDAWO Mr. Chandra Mohan, Secretary of TMSSS, beneficiaries & Parents.
- ✳ 14.12.2021 To mark the World Disabled Day distinguished was organized at TMSSS Office. At that time students of Nambikkaiyagam Presented a dance programme.
- ✳ 08.01.2022 Pongal festival was celebrated with the inmates.
- ✳ 18.02.2022 New Vocational Training of Palm Plates production unit was inaugurated by our President, Bishop Rev. Arokiaraj at Nambikkaiyagam this occasion was honoured by all the staff of TMSSS.
- ✳ 08.03.2022 International Women's Day was celebrated.
- ✳ 21.03.2022 The World Down's Syndrome day was celebrated at Holy Cross College. Wherein the inmates of NAMBIKKAIYAGAM participated.

SUCCESS STORIES - I

Mahalakshmi is a 16 years old girl with Mild retardation when admitted.

Initially she was diagnosed to be very poor in communication and functional academic skills with associated behavioral problems. The sincere effort and personal attention of the teachers have started to show tangible improvements in her academics, socialization and behavioural modification skills.

Since she was very much interested in learning dance, games and vocational skills she was exposed to learn different trades like paper covers, greetings cards making ornaments with beads, woolen yarn and fancy articles apart from her personal skills.

The vocational skills helped her to become independent and self-dependent for the future.

SUCCESS STORIES - II

Jaison, who is a 15 years old boy came to our home from Iruthayapuram village, Lalgudi block of Tiruchirappalli District. He was affected by serious nervous problem.

The regular and strenuous efforts taken by the staff of the home have transformed him to a great extent. His nervous problems became controlled and he had started to speak, his health status had improved a lot due to the nutritious diet given and astonishingly he was found to be talented in some sports events. Therefore he was motivated, encouraged and facilitated to develop his sports skills. Remarkably he had won many prizes in the interschool competitions organized for MR Adults.

SWADHAR GREH - SHORT STAY HOME

Supported By: MWCD, Govt. of India, State Commissionerate for Social Welfare, Tamilnadu.

The new scheme named as **Swadhar Greh** is being run at Mannarpuram in the Sontham Short Stay Home with the grant – in – aid of the Gov. of India Ministry of Women and Child Development through the Commissionerate of Social Welfare Chennai. The New scheme functions with better outcomes, less administrative burdens and procedures. The vision of the new scheme viz. Swafhar Greh is:

Vision:

The scheme envisions a supportive institutional framework for women victims in difficult circumstances so that they could lead their life with dignity and self respect. It envisages shelter, food, clothing, and health care as well as economic and social security also are assured for such women. It also envisions that the special needs of these women are properly taken care of because under no circumstances they should be left unattended or abandoned which could lead to their exploitation and desolation.

Objectives:

- a) To cater to the basic needs of shelter, food, clothing, medical treatment and care of the women in distress who are in need of our social and economic support.
- b) To enable them to regain their emotional strength that gets hampered due to their encounter with unfortunate and uncomfortable circumstances.
- c) To provide them the required legal aid and guidance to enable them to take steps for their readjustment in family/society.
- d) To rehabilitate them economically and emotionally.
- e) To act as a supportive system that understands and meets various requirements of women in distress and
- f) To enable them to start their life afresh with human dignity conviction and self-respect.

Details of inmates handled during the year 2020-2021

No of women at home in the beginning of the year	:	27
No of girls and women admitted during the year	:	89

Total no. of cases handled during the year : 116

No. of cases discharged and rehabilitated : 99

No. of girls and women on roll at the end of the year : 17

Detail of beneficiaries admitted and discharged

Month	Total Inmates	Discharged	Balance Inmates
April- 21	32	16	16
May-21	19	05	14
June-21	18	12	06
July-21	15	02	13
August-21	23	08	15
September-21	28	13	15
October-21	23	10	13
November-21	21	07	14
December-21	22	06	16
January-22	24	06	18
February-22	21	06	15
March-22	25	08	17
Total	182	89	99

1) Marital maladjustment : 21

2) Family disorganization : 38

3) Immoral behaviour : 5

4) Child bearing before marriage : 5

5) Love affair and failure : 18

6) Psychological problem : 4

7) Widow : 6

8) Orphan : 19

Rehabilitation measures taken:

1. Restoration to their parents / Relation : 37

2. Reconciliation with their husband : 20

3. Placed in gainful employment	:	23
4. Rehabilitation through other field		
- Police Station	:	10
- OSC /DSWO /CWC	:	3
- Treatment	:	1
- Marriage	:	1
- Studying	:	4

Sensitization training organized:

- 1.Group awareness
- 2.Individual counselling
- 3.Family counselling
- 4.Group counselling

Review meeting:

The Director visits the home every month and reviews the work done and progress made during the month. The meeting enabled the staff to discuss their problems and situations faced during month and with the help of the Direction and advice of the Secretary they found proper solutions.

Sub-committee meetings:

The Subcommittee constituted with the staff of the program, representatives from Police department, Social Welfare Department, ward public etc., met once in three months and reviewed the problems faced and solved, assessed the progress made and suggested some future needs for improvement of the home.

SONTHAM – RECEPTION UNIT FOR CHILDREN

(BOYS & GIRLS)

*Supported by: MWCD-Integrated Child Protection Scheme,
Directorate of Social Defence Tamilnadu.*

“Human rights and the rights of the child are respected here at any cost”

Children’s reception centre is a kind of institutional residential child care service which provides an urgent and short-term out-of-home care for children who cannot be adequately cared for by their families due to primarily various family problems or crises.

Purpose and objectives

Children’s reception centre service is destined / objected to provide immediate temporary care to children in urgent need of residential placement, until a long term alternative living arrangement is arranged.

The objectives of children’s reception centre are:

- To provide substitute care for children in a stable and safe living environment for a limited period of time as mutually agreed by parties concerned according to the individual welfare plan forwarded by Child Welfare Committee (CWC) upon admission and never longer than six months at any cost.
- To provide residential care.
- To protect and promote the welfare of children and nurture their overall growth and development, including their physical, social, emotional and intellectual needs.
- To encourage the development of social skills, good sense of responsibility, self-esteem and self-care of the children.

Nature of the service

The services are to be operated in compliance with the statutory requirements as stipulated in relevant sections and subsidiary legislations pertaining to places of refugees in the Protection of Children and Juveniles Ordinance.

The services provided are:

(a) Physical and basic care, including:

Provision of accommodation in the form of small groups living within the available resources of the home, to provide privacy and facilitate individual attention, supervision and closer relationship among residents and with the help of residential workers.

- 24-hours care
- Provision of sufficient and varied foods appropriate to the age and need of the children
- Providing appropriate and basic clothing items for them.
- Encouraging and escorting children to activities or functions appropriate to their age and needs in other places or organizations similar with the objectives.

(b) Services meeting individual needs:

- Supervision of daily activities and routines.
- Liaising with others who are actively involved in children's placement, including schools, other agencies, the family/guardian and the referring agency or worker for the children's welfare.
- Encouraging and facilitating other contacts through families/guardians, and to work closely with the referring agencies for home restoration or placement transfers.

(c) Welfare Planning and Counselling, including

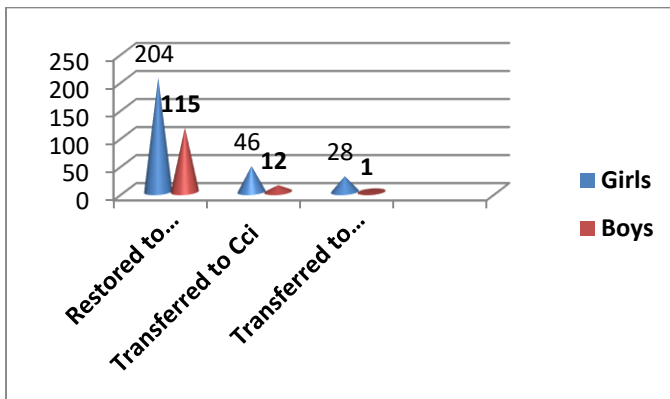
- Development and review of individual welfare plans, in conjunction with the referring worker and others involved in the children's placement, through constant case discussions or review meetings.
- Counselling on the children's emotional and behavioural difficulties.
- Programmes and support to meet children's daily developmental needs.

(d) Social and Recreational activities, including

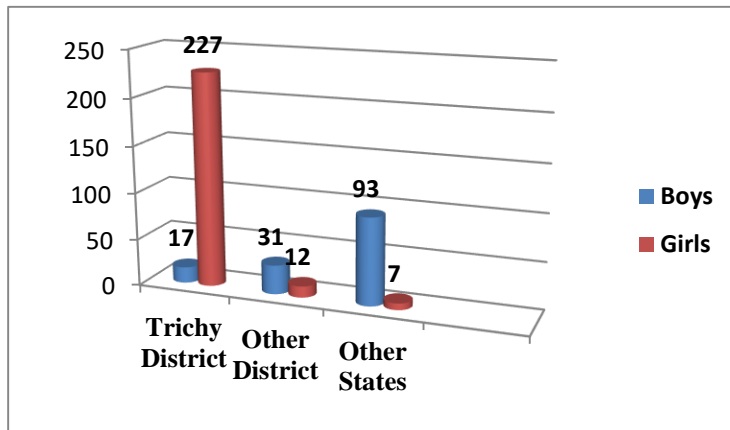
- Arranging a variety of age-appropriate social and recreational activities, and developing their individual social skills
- Providing an opportunity to cultivate their own aptitudes and interests

Total number of Children Rehabilitated – 406.

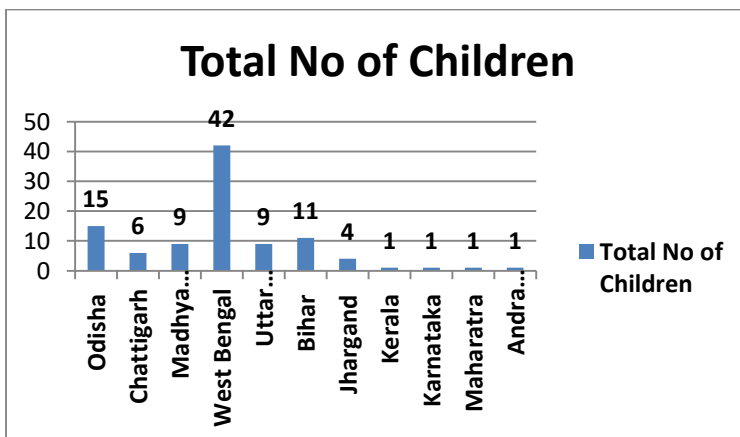
Total Number of Children Discharged - Boys – 128, Girls – 278,



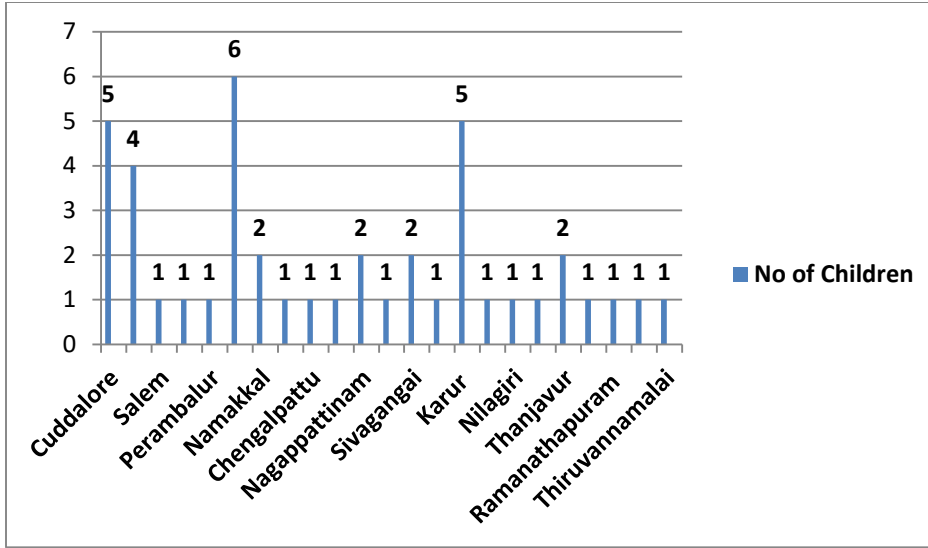
Total Number of Admission – 387, Boys – 122, Girls – 265



Total Number of Admission from Other States – 100



Total Number of Admission from Other Districts – 43



Details of Beneficiaries:

S. No.	Month	Boys	Girls
01	April - 2021	05	12
02	May - 2021	01	06
03	June - 2021	00	16
04	July - 2021	07	28
05	August - 2021	02	20
06	September- 2021	06	31
07	October - 2021	06	23
08	November - 2021	00	30
09	December - 2021	21	18
10	January - 2022	12	25
11	February - 2022	28	27
12	March - 2022	34	29

Month Wise Discharge Details:

S. No.	Month	Boys	HOP	CCI	Other Dist CWC	Girls	HOP	CCI	Other Dist CWC
01	April - 2021	22	22	00	00	21	17	03	01
02	May - 2021	00	00	00	00	10	08	02	00
03	June - 2021	00	00	00	00	09	09	00	00
04	July - 2021	03	01	02	00	31	17	13	01
05	Aug - 2021	06	05	01	00	20	12	05	03
06	Sep - 2021	07	05	02	00	29	15	13	01
07	Oct - 2021	07	06	01	00	24	18	05	01
08	Nov - 2021	01	01	0	00	26	16	09	01
09	Dec - 2021	09	07	02	00	28	13	11	04
10	Jan - 2022	20	19	01	00	22	12	08	02
11	Feb - 2022	19	16	03	00	24	16	07	01
12	Mar - 2022	34	33	00	01	34	20	11	03

MEETINGS**HOME MANAGEMENT COMMITTEE (HMC)**

- The HMC meeting of SONTAM Reception unit was held on 29.09.2021 for the year 2019 -2020. The activity of the unit was reviewed by CWC, DCPO, Doctor and other members of Home management committee.

YOGA TRAINING

- The children in reception unit suffer greatly from physical, physiological and mental disorders leading to the bad effect on their, over-all adjustment, emotional stability autonomy, insecurity, intelligence and self concept. Yogic practices are provided the best method to achieve good mental health. Thus keeping in view the benefits of yogic practices, TMSSS –SONTHAM reception unit provides regular Yoga training to the children with the help of experts.

- Yoga can offer so many benefits for children. They learn not only about themselves and their bodies but also how to interact with their peers.
- Through the consistent practice of yoga, it is our goal to accomplish that the children learn techniques to maintain self-health, relaxation and inner fulfilment. Yoga can offer tools to cope with anxiety, depression and other mental health issues. By being able to navigate life's challenges with a little more ease, they can grow into more confident, kind, and responsible adults in the future.

RECREATIONAL ACTIVITIES

- Recreational activities are the experienced or organized activities that children could actively participate with others, to have a fun and enjoy life during their free time. This include explorations that require physical activity and interactions and playing with other people amicably.

TYPES OF RECREATIONAL ACTIVITIES

- The children in SONTAM RECEPTION UNIT are being engaged in the following recreational activities based on the level of individual activity and the interaction with others like:

CARROM BOARD

- **Carrom** provides a great chance to the children to relax and refresh their minds. It also helps to increase their logical reasoning power. The children by **playing** and having fun at the same time, they could practice skills like counting, reading, visual perception, and eye to eye hand coordination etc., with this aim, the children in reception unit were engaged to play carom board on regular basis.

ART & CRAFT

The children in reception unit were given regular training in art and craft work like

- Painting
- Colouring
- Flower craft
- Needle work
- Paper craft

Through the above **arts and crafts** children learn to value and appreciate artifacts and images across cultures and times. Experiences, in design, **art, and crafts** enable them to learn to act and think like designers and artists, working intelligently and creatively

CELEBRATIONS

CHILDREN'S DAY CELEBRATION

Children's day was celebrated with full fervour at TMSSS SONTAM Reception Unit, on 14.11.2021. The day was a fun-filled day for the children with organizing a special lunch and an extravaganza filled with music, dance and some fun filled activities.

DEEPAVALI CELEBRATION

On 30.10.2021 Deepavali was celebrated along with the children in TMSSS Reception unit. The chief guest of the day was Mr. P. Mohan, Founder President Youth Exonora, Trichy and Trichy JCI Member, Trichy. Both the boys and girls were distributed different kinds of crackers. The children burnt crackers and enjoyed the day very happily.

PONGAL CELEBRATION

Pongal is a traditional festival of people in South India particularly by Tamilians. On 14.01.2022 the Pongal day was celebrated along with the children by cooking the Pongal and sharing among them with a blessing by the Secretary Fr. B. John Selvaraj.

INDEPENDENCE DAY AND REPUBLIC DAY CELEBRATION

On 15.08.2021 Independence Day and Republic day on 26.01.2022 was celebrated respectively by hoisting the National flag. The chief guests for the programmes were Fr.B.John Selvaraj, Secretary Cum Director, Fr. A. Jeyaraj, the Treasurer TMSSS respectively.

CHRISTMAS CELEBRATION

Christmas Day was celebrated on 22.12.2021 with great fun and frolic with the Child Welfare Committee Chairman Mrs. R. Kamal, Trichy and Mr. P. Mohan, Former member Tamil Nadu State Commission for Protection of Child Rights. The Christmas celebration started with the prayer. The children were overwhelmed with joy after wearing the new Christmas dress and cap. They cherished with tasting the delicious Christmas Cakes followed by a sumptuous dinner.

INFANT JESUS DAY CARE CRECHE FOR SPECIAL CHILDREN

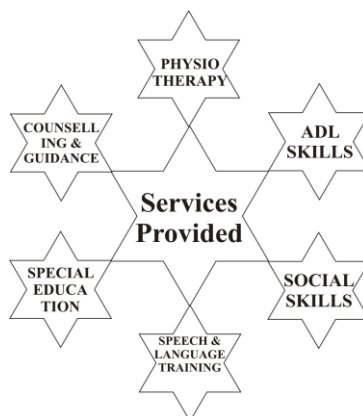
Supported by: Catholic Health Association of India (CHAI)

Infant Jesus Day Care Centre for Intellectually Impaired Children is functioning successfully run from the year 1997 with the financial support of Stichting Liliane Fonds - The Netherlands (SLF) through Catholic Health Association of India (CHAI). At present, 15 Special Children are being cared, in the creche at Sangiliyandapuram, Trichy, despite of COVID 19 Pandemic.

Objective:

To support Children with Disabilities to maximize their physical and mental abilities to access regular services and thereby to become active contributors to their family and society at large.

Services Provided:



In addition to the provision of basic human needs like food, recreation and periodical medical service yoga and meditation were also provided. The Parents and care takers also are given awareness and orientation training to take care and meet special children properly at home.

Parents' meetings were also organized at periodical intervals to keep them apprised of their children's learning progress, adaptability and socialization skills with other children.

Note: Due to COVID19 pandemic and subsequent total lockdown all the centres where the children are cared for are closed for the time being. Despite the above, in case of special need, the staff visited some of the children's homes to provide physiotherapy and counselling & guidance services. The children and the parents were given awareness to safeguard themselves adhering

strictly to social distance, wearing face masks whenever they are necessitated to go out of their homes and to wash their hands if possible frequently.

Conclusion:

The TMSSS is proud to state that the parents' comments are very positive and encouraging because of their witnessing their children's improvement and integration into the family as a result of our earlier interventions, despite the pandemic situations prevailing for the present. Their comments are very much valued because it encouraged the staff to work with more dedication and commitment even during and after the pandemic period.

COMMUNITY BASED REHABILITATION

Supported by: Catholic Health Association of India (CHAI)

Introduction:

Community Based Rehabilitation (CBR) focuses on enhancing the quality of life for People with Disabilities and their families, meeting their basic needs and ensuring their involvement and participation. CBR is a multi-sectoral approach and has 5 major components: Health, Education, Livelihood, Social and Empowerment. CBR is a strategy for rehabilitation, equalization of opportunity, poverty reduction and social inclusion of people with disabilities.

Aim of the project:

Empowering Persons with Disabilities (PWDs) by eliminating social discrimination and building capacities to access socio-cultural and economic resources and support so as to lead a life with human dignity and self-respect.

The local PRIs (Panchayat Raj Institutions) extended their full cooperation in most of the Places. Similarly, most of the Parish Priests extended their full cooperation and support in providing infrastructural facilities like water, sanitation, meeting place etc. Also the Bankers have continued to support the referred PWDs and extended financial support in the form of loans and subsidies.

The National Rural Employment Guarantee Programme was made use of by the PWDs with the effort of TMSSS staffs who helped them to enroll in the NREGA programme.

Services Provided:

S. No.	Services Provided	Beneficiaries
1	Occupational Therapy	77
2	Physiotherapy	80
3	Speech Therapy	70
4	Services Education	80
5	Special Pre School	15
6	Children Counselling	250
7	Parents Counselling	250
8	Awareness to Parents	200
9	Awareness to Community	1000
10.	Awareness to Youngsters (School Students)	500
11.	Lobby & Advocacy (We Ring the Bell)	400
12.	Staff Orientation	Three times
13.	Self Help Group meetings & DPO Meetings	3
14.	Teaching Learning Materials Distribution – 29.07.2021	5 CWDs
15	Hygienic Kit Distribution & Spreading awareness on Safety Measures to be taken during pandemic – 25, 26 & 27.08.2021	175

ENABLING ENVIRONMENT ACTIVITIES

1. AWARENESS TO PARENTS:

S. No.	DATE	PLACE	TOPIC / SUBJECT	OUT COME
1.	25.03.2022	Trichy	Parenting skills during Natural Disaster	<ul style="list-style-type: none"> Awareness about the disability. How to Cope with the emotional and physical demands of caring for an individual with a disability. Self- Care and Stress management

2.	27.04.2022	Trichy	Importance of Physiotherapy	• Basic Neurological Movements
3.	06.05.2022	Trichy	Stress Management	• Dealing with all the family members

Outcomes:

- The parents gained appropriate understanding of disability
- The parents learned about various Psycho social problems and the corrective measures too.
- The parents learned to protect their children with special needs against the seasonal diseases
- The parents were well informed of various health care services available and the know-hows of accessing the same.

2. AWARENESS TO COMMUNITIES:

Disability Awareness means Educating people on Disabilities and make them to experience their life styles they should deserve. Disability awareness helps in subsiding the stereotypical mindset of the society. Our motive is to provide vast opportunities for everyone to get involved in creating a positive and an inclusive society.

Three awareness programmes were conducted by TMSSS to generate awareness on welfare measures given by Government.

S. No.	Date	Place
1.	11.05.2022	Kulathur
2.	18.05.2022	Viralimalai
3.	08.06.2022	Kunnathur

- The people understood the causes of disability and have broken the myth of false perception of the people.
- The local village leaders came forward to extend their full cooperation and support to the interventions made by TMSSS.
- Continuous awareness is generated among the parents, CWDs and siblings

3. AWARENESS TO YOUNGSTERS (School Students)

This is an important programme that contributes significantly to prevention of disability and for enhancing social acceptance and motivating the children and youth to support CWDs and mainstream them into the society. Students and Teachers are oriented on the causes of disability, preventive aspects and rehabilitation including social inclusiveness.

PROGRAMMES:

S. No.	Date	Name of the School
1.	04.02.2022	ArockiaMadha Matriculation School
2	20.04.2022	Sacred Heart Boys Hr. Sec. School, Ponmalaipatty

Outcome:

- The children understood the causes of disabilities and vowed to prevent disability through diligent actions and careful mobility.
- The participants vowed to support and accept persons and children with disabilities and extend their cooperation to support their education.
- The myth of disability as the result of bad behavior in previous birth was broken.

4. LOBBY & ADVOCACY (WE RING THE BELL)

TMSSS Tiruchirappalli rang the bells to campaign for the Inclusive Education of the PWDs in the District of Tiruchirappalli, Tamil Nadu – India, on 20th April 2022 in collaboration with one of our reputed schools in the Catholic Diocese of Tiruchirappalli, viz, The Sacred Heart Higher Secondary School at Ponmalaipatti. The Campaign began at 9.30 am with the welcome address by Mr. Justus, the Supervisor of the Programmes of TMSSS. It was followed by the felicitation address by Rev Fr. A. James, the Correspondent of the Sacred Heart Higher Secondary School.

Rev. Fr. B. John Selvaraj, Director and Secretary of TMSSS- Tiruchy, explained to the students, the staff and volunteers, about the Mass-Rally organized on that day to highlight the inclusive education, which is the primary purpose of the campaign. He emphasized on the roles of educational institutions, in particular, the teachers in ensuring the inclusiveness of the special children and vulnerable ones in formal educational institutions. He also insisted on the importance of education in the lives of the PWDs.

The Mass Rally:

At 10.30 am, Rev.Fr. James and Rev.Fr. John Selvaraj, started off the Mass Rally of Children and the Teachers and the volunteers along with the banners including the staff of TMSSSS by waving the Flag.

Distribution of Awareness Materials:

TMSSSS distributed the campaign materials (given by CHAI-LF) such as the T-Shirts, Balloons and the Whistles to the children and youth who marched on the rally. The students were also issued with placards with verses on the importance of inclusive education of the PWDs. The participants of the rally raised slogans that echoed on the sky.

Participation:

In the mass rally organized by Ms. Sophia Victor, the Mediator for the Community Based Rehabilitation Programme and the Staff of TMSSSS, Tiruchirappalli, more than 400 students spent all their valour in it. Their cooperation and involvement were much encouraging and inspiring. The Teachers, Management staff and volunteers too participated in the rally.

LOBBY WITH THE GOVERNMENT:

On this special occasion, the organizers and representatives of the PWDs and their parents, prepared a petition insisting on promoting inclusive education in Government schools and child-friendly educational institutes and civil structures to enable the special children get admitted in the formal schools of the Government. The committee consisting of all key stakeholders met the District's Chief Educational Officer and the Tahsildar of Tiruchirappalli district and submitted the petition and demands.

5. DISABLED PEOPLE ORGANISATION (DPO)

TMSSSS formed DPOs in major clusters. Accordingly, four clusters were chosen and they are as follows:

1. Viralimalai
2. Keeranur
3. Manaparai
4. Tiruchy

S. No.	Date	Place
1.	10.02.2022	Kulavaipatty

All the DPOs mobilised communities by raising awareness about disability and the importance of CBR had encouraged them to participate in all aspects of CBR programmes.

Encouraged the formation of self-help groups for PWDs in urban slums and rural villages, and assisted in building the capacity of these self-help groups that could be the basic building blocks for the formation of Disabled People's Organizations at the community level.

We are happy to realize that the children are given care and importance by every individual member of his/her family. Nowadays the children feel very happy and very comfortable while being with his/her parents especially with the siblings. The parents and the siblings are enabled to spend more time with our children to make them happy.

ARTIFICIAL LIMBS FITMENT CENTRE

The ALFC has been established and is being run to realize the following objectives since the year 1989 with own funding and from the year 2011-12 with the grant-in-aid of the Ministry of Social Justice and Empowerment, Government of India.

OBJECTIVES:

- To facilitate the alternatively abled to cope up with the mainstream of the society by enhancing their mobility.
- To identify and assess the treatment services required for individuals.
- To produce aids and appliances appropriate to the needs of the alternatively abled persons.
- To make the rural poor children and adults with disability to access the required mobility appliances.
- To sensitize the public on prevention of disability and protection of body parts.

Details of beneficiaries supported during 2021-2022:

S. No.	Types of Appliances	No. of Beneficiaries
1	BK Limb	08
2	Caliper Repairs	02
3	Limbs Repair Works	09
4	New Calipers	12
	Total	31

PHYSIOTHERAPY TREATMENT CENTRE

The Physiotherapy Treatment Centre was established in the year 1989 with TMSSS funding and it is being run from the year 2000 with the grant-in-aid of the Ministry of Social Justice and Empowerment, Govt. of India under Deendayal Disabled Rehabilitation Scheme without any lapse despite the delay by the Ministry in releasing the grants in time. During the year 2021-22 in total 1,052 PWDs availed the services as outpatients. The centre also extends its services at the door steps of the poor through field visits. TMSSS had established three centres in the rural areas viz. Viralimalai, Illuppur

AIMS AND OBJECTIVES

- Identification and Examination of PWDs.
- Providing Physiotherapy and Occupational therapy treatments.
- Training for the PWDs with special appliances.
- Attending the identified PWDs at their doorsteps.
- Conducting camps, seminars, special counselling for the parents and caretakers of the PWDs to provide awareness, preventive measures and guidelines etc.
- Facilitating maximum independence in performance skills and improve functional efficiency in day -to-day work.

Services rendered at our centre:

Physiotherapy

Physical therapy or physiotherapy (often abbreviated as PT) (also known as Movement Science) is a Rehabilitation profession that remediates impairments and promotes mobility, function, and quality of life through examination, diagnosis, prognosis, and physical intervention using Physical agents, mechanical force, adaptive devices, and movements. In addition to clinical practice, other activities encompassed in the physical therapy profession include research, education, consultation, and administration. In many settings, physical therapy services may be provided alongside, or in conjunction with other medical services.

Occupational therapy

It is an activity-oriented treatment, which uses purposeful activities that have an inherent goal, relevant and meaningful to the patient.

The important goal of Occupational therapy is to facilitate the development of maximum function essential for adaptation and productivity, to diminish or correct pathology and to promote and maintain health.

Occupational therapists work to restore functionality of the patients in their work places besides restoring functional efficiency in day to day work.

Activities:

Total Number of PWD's benefitted: 1850

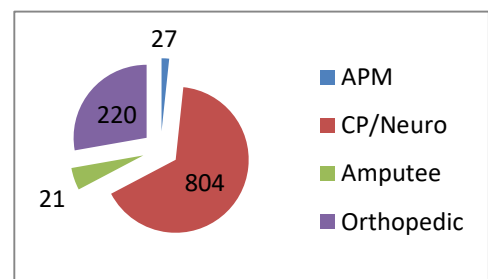
Services made available at the Centre:

EXERCISE THERAPY TREATMENT	ELECTROTHERAPY TREATMENT	OCCUPATIONAL THERAPY TREATMENT
Passive, active, assisted resisted and free exercises.	Electrical nerve and muscle stimulation.	Positioning with prone board, corner seat, standing frame.
Mobilization, Stretching and strengthening exercises	Traction for neck and back.	Special clothing, splinting, Communication devices.
Exercises in stationary bicycle, quadruped table.	Short wave diathermy.	Sensory stimulation, inhibitory and facilitatory techniques.
Posture correction	Wax therapy.	ADL training, adaptations
Gait training with parallel bar, walker, frames and crutches.	Ultrasound therapy.	Balance training with pegboard, cut board, balance board, crawler, and therapy ball.
Gait training with calipers and prosthesis.	Infrared radiation.	Play therapy
Exercises with splints.	Interferential therapy.	Vocational rehabilitation.

Note: We were limited to extend our services to more number of rural children due to restrictions on COVID 19 Pandemic. Despite the pandemic we have served the children to our maximum. You can certify them from our statistical data.

No. of beneficiaries who availed the services during the year 2020-21:

S. NO.	CLASSIFICATION OF CONDITIONS	OP
1	Anterior polio Myelitis (APM)	27
2	Cerebral palsy / other neuro conditions	804
3	Amputee	21
4	Orthopedic and Other conditions	220
	Total	1072



DAY CARE CENTRE FOR MUSCULAR DYSTROPHY

Supported by: Ministry of Social Justice & Empowerment, Govt. of India.

Through DDAWO from State Commissionrate for Disabled, Tamilnadu.

Day care centre for Muscular Dystrophy was established in the year 2020 with the support by Government of Tamil Nadu, India. During the year 2021-2022 in total **65** persons with Muscular Dystrophy were served out of our work. The services were availed as out patients at department and at the door steps through field visits. Area covered through field visits are Trichy, Srirangam, Mannachanallur, Manapparai, Musiri, Thuraiyur, Lalgudi, Marugapuri, Thiruverumbur in Tiruchy District.

Beneficiaries who availed services during the year 2021-2022

Sl. No.	Classification of Area	No of Patients			Total
		Male	Female	Trans Gender	
01	Trichy (East, West and Thiruverumbur)	26	3	1	30
02	Srirangam	6	0	0	6
03	Mannachanallur	7	1	0	8
04	Manapparai	6	1	0	7
05	Musiri	1	1	0	2
06	Thuraiyur	6	1	0	7
07	Lalgudi	4	1	0	5
		Total			65

Activities Undertaken

- Identification and examination of Muscular Dystrophy
- Providing physiotherapy treatment for Muscular Dystrophy
- Training on the Muscular Dystrophy with special appliances

- Conducting camps, seminars, special counselling for the parents and care takers of MUDs to provide awareness, preventive measures and guidelines etc.,
- Facilitating maximum independence in performance skills for an improvement.
- Conducting Free medical camps for Muscular Dystrophy at appropriate Diagnostic centres in Thiruchirappalli District.
- The special Diagnosis are X –ray, ECG, ECHO, PFT, ABG.

Services rendered at our centre:

EXERCISE THERAPY TREATMENT
Kattu Therapy
Passive, active, assisted resisted and free exercises.
Mobilization, Stretching and strengthening exercises
Exercises in stationary bicycle, quadruped table.
Posture correction
Gait training with parallel bar, walker, frames and crutches.
Gait training with calipers and prosthesis.
Exercises with splints.

No. of beneficiaries who availed the services during the year 2021-22:

S. NO.	As out Patients	Field Visit	Total
1	707	428	1135

AGRICULTURAL & ENVIRONMENTAL PROGRAMMES

DELAYED MARKETING CENTRES

TMSSS have established Three Delayed Marketing Centres and they are functioning at 1) Keeranur from 1993, 2) Manjampatty (Manaparai) from 1994 and 3) Nazareth from 1998 to support the small and marginal farmers of the respective areas.

Objectives:

- ✱ To eliminate the exploitation of middlemen, traders and money lenders
- ✱ To enable the poor farmers get fair and competitive price for their products.
- ✱ To facilitate the farmers to play due role in fixing up the prices for their products.
- ✱ To help the farmers to keep their products in a safe and secured place until they are able to sell at reasonable price.
- ✱ To orient and encourage the farmers to have direct linkages with marketing firms / agencies.

Activities of the DMCs during 2021-22:

- Facilitated the small and marginal farmers of the said three areas to store their products safe in our godowns and sell them when the prices are high.
- All the farmers were provided an advance of Rs. 10,000/- each at 8% interest to meet their immediate financial needs.
- 20 paise per kilogram per day was collected as rent for the products stored in the godowns.
- The rent and interest collected were used to maintain the godowns and to pay the care takers.

Products Stored and Loans given during 2021-22:

S. No.	Place	No. of Beneficiaries	No. of Paddy Stored	Advance Provided Rs.
1.	Keeranur	62	710	6,20,000
2.	Manjampatty	12	1720	
3.	Nazareth	51	820	4,90,000
	Total	125	3250	11,10,000

Impact:

- The small and marginal farmers are saved from middlemen intervention and exploitation.
- The farmers are facilitated to get fair price for their products.
- The farmers are facilitated to meet their emergent financial needs through the advances paid.

Note: Though the number of bags stored have increased due to good harvest some of the farmers have not yet availed the advance facilities in full due to their ignorance. TMSSS needs to generate an awareness among the local public.

AGRICULTURAL TRAINING CENTRE (ATC)

The Agricultural Training Centre (ATC) was established by TMSSS during the year 1983 in 75 acres of land at Nazareth in Pudukottai district. The purpose of the establishment of the centre was to organize and conduct orientation, training and exposure programmes to equip and empower the small and marginal farmers and woman headed farming families with modern and upto date knowledge and skills in the fields of agriculture and animal husbandry which are their traditional occupations and thereby enhance their employment, income, subsistence and sustainable living without further set back or dependence on others.

Total extent of land available at ATC : 75 acres

Open wells dug : 04 Nos

Bore wells drilled : 04 Nos

Percolation ponds : 02 Nos

Extent of land let under lease for cultivation : 03 acres

The Live stocks were not cared at the centre for some period especially during the epidemic among all the animals like Cows, Goats and Hens. The care taking and breeding of Cows, Goats & Hens has been started now.

Halls, Rooms, Cottages and Houses established by TMSSS which accommodate 57 Boys who are either full or semi orphans or from vulnerable and poor families. They are being provided shelter, food, personal needs and they are sent to St. Thomas Higher Secondary School to continue their basic Primary, Higher and Higher Secondary Educations. The Spanish Volunteers (both male and female) are unable to come for their field experience due to COVID19 pandemic and they are expected to arrive in the future as the pandemic period had lessened.

Due to COVID19 pandemic and subsequent lock downs of the schools majority of the students were sent home and some who have no other go were accommodated in the home providing them all their basic needs.

CLIMATE RESILIENT AGRICULTURE AND LIVESTOCK DEVELOPMENT PROGRAMME

Integrated Watershed Management Programme sponsored by Manos Unidas, Madrid, Spain.

This Programme supported by Manos Unidas, Spain, was launched in March 2019. The overall goal of the project is Sustaining and developing the Farming and Farm-based livelihood for the economic development of the farmers' communities in Pudukottai and Trichy Districts.

The specific objective of the project is Collection of Rainwater, Agricultural Productivity, and livelihood security.

Activities carried out:

- ✓ Base-line Survey on Farmers' Socio-Economic and Occupational Status
- ✓ Project Orientation cum Training Meeting with the Farmers
- ✓ Construction of 12 minor check dams in 10 villages
- ✓ Pond De-silting and construction of Minor Ponds for drinking and domestic use and as a consequence to recharge Ground water potentials recharge.
- ✓ Drainage Line Treatment / Cleaning water ways
- ✓ Formation of Water Committees: Meetings / Trainings at Panchayat levels
- ✓ Capacity Building Training to Members of Water Committees.
- ✓ Formation of Farmers' Groups
- ✓ Interface Meetings with Government Officials
- ✓ Supply of Tree Saplings and Horticulture plants
- ✓ Preparing Seed Balls and their distribution.
- ✓ Establishment of Community Nursery at Nazareth with peoples' initiatives and participation.

Achievements:

- ⇒ During the rainy season, the check dams got filled and they were beneficial to the livestock. The ground water was also replenished consequently.

- ⇒ The water committees helped TMSSS to execute the ponds desilting, drainage treatments and check-dam constructions in appropriate places.
- ⇒ The members realized and understood their roles related to protection of water bodies, rain water harvesting and maintenance of community water resources.
- ⇒ Farmers' Groups extended their full cooperation to TMSSS in planting tree saplings, water enhancement programmes and other meetings cum trainings.
- ⇒ People have planted 2000 tree saplings and took responsibility to protect them. It has paved a way for the increase of the bio-diversity in the region concerned.

EZHUVOMIYAKKAM – CANCER CARE PROGRAMME

Supported by: Caritas India

According to the National Cancer Registry Programme of the India Council of Medical Research (ICMR), more than 1300 Indians die every day due to cancer. India had 14 lakhs cancer patients in 2016 and this number has increased to over 15 lakhs by now.

With this growing Global burden, prevention of cancer is one of the most significant public health challenges of the 21st century. In view of the above facts, TMSSS in collaboration with Caritas India, New Delhi, launched the Campaign under the title, “EZHUVOM IYAKKAM” (Meaning Rise Movement) with a community-based approach.

The Ambassador for Cancer Care Campaign:

The famous actress and the ex-miss Chennai, Mrs.Kasthuri was appointed by TMSSS as the Ambassador for the Cancer Care Campaign. This was announced in a special meeting organized by TMSSS on Easter Day the 17th April 2022.

Key Achievements of Campaign Objectives:

- 1) Through series of campaigns among students of Schools and Colleges and the rural communities, the staff and volunteers of TMSSS have identified 174 persons with Cancer and counselled them to develop positive energy.
- 2) 130 Cancer survivors identified have also been enabled to establish Home Nutrition Garden. They were supported with Seeds and Saplings to establish the Nutrition Garden respectively.

- 3) In addition, the Cancer Survivors were supplied with Nutritional supplements to increase their immunity and overall health.
- 4) Eleven Cancer Patients from resource poor families were helped with cash donation to the tune of Rs. 60,000 to access treatment cum medicines.
- 5) 187 People suspected with Cancer were referred for testing and treatment services.

Key Innovations

Making use of the social media like WhatsApp Groups, positive messages and success stories of Cancer persons who overcame the health impact of the disease, were disseminated to care takers and cancer patients as well.

Involving the youth like School and College Students generated massive awareness of Cancer and its impact. It provided them and their family members lots of information and data on the causes, effects and economic implications of Cancer.

Strategies and Methodology:

- Animation
- Networking and linkages
- Dialogue and resource mobilization:

Key Activities:

1. Orientation on Cancer Care and training on Data entry
2. Mass Campaigns
3. Cancer Screening Samps
4. Network meetings
5. Interface meetings and dialogue with Govt., and other service providers of strengthening health infrastructures
6. Training on Resource Mobilisation Strategies
7. Core Committees at the DSSS' level & Reflection Circle at State Level
8. Online Orientation on Campaign Strategy at Regional and Diocesan levels
9. Reinforcing the capacity to identify vulnerabilities and build on strengths for sustainability
10. Needs-based awareness trainings on 'Community health development'

Special Events on Cancer Care

Sl. No.	Date	Events / Programmes	Participants
1	05.10.2021	Training to Staff on Investigation of Breast Cancer	35
2	11.10.2021	Staff Training	75
3	20.10.2021	Volunteers Meetings	30
4	09.11.2021	Training to the Staffs on Rural Employment Programme	100
5	03.12.2021	Cancer Care Awareness at Avarampatti Village	35
6	15.12.2021	Mass Rally at Thirukavalur to generate awareness of Cancer Prevention and Care	45
7	26.12.2021	Seminar on COVID 19 and CANCER awareness actions	50
8	26.12.2021	Sensitization Meeting with key stakeholders on Cancer Care	75
9	04.02.2022	Commemoration of World Cancer Day – Mass meeting with school students	400
10	14.02.2022	Awareness Meetings	150

LIVESTOCK CUM LIVELIHOOD PROGRAMME

Supported by: Episcopal Conference of Italy

TMSSS in collaboration with the Episcopal Conference of Italy, executed the Livelihood and Livestock development programme for the empowerment of the marginalized women farmers of Tiruchirappalli Diocese. The primary purpose of the project is to ensure the employment and food security of the vulnerable women to socio-economic exclusion and exploitation.

Due to severe drought conditions in our project area agriculture faced a very bad setback. Cultivation came to a standstill. It has become very the difficult for rural farming families to make a survival. Youth had been necessitated to migrate for employment to far-off places. Women were the worst affected of the lot. The issue was discussed in meetings and as a result, young women who preferred to undertake Livestock development along with agricultural and environment

initiatives to sustain themselves and their families were identified and selected were enabled to benefit.

The innovative programme focused on restoring the Territorial Food system and indigenous Agro-ecological practices that are deemed to be or proved to be sustainable and eco-friendly. Though the project commenced on September 2018 it was lingered upto February 2021 due to COVID 19 Pandemic. The said project had covered the following four blocks viz. Kundrandarkoil, Viralimalai, Vaiyampatti and Manapparai.

KEY COMPONENTS:

Staff Training: Staff involved in the project were enabled to review their first-year activities, learning, capacities and enabled to assess the gaps and formulate the appropriate rectification measures. They were strictly followed in the training in appropriate fields like in sustainable agriculture, integrated farming, environment promotion and livestock development. Four trainings were organized for the staff and MMI leaders during the year of report.

In addition to the special trainings, the staff met every month end and reviewed their activities. In each meeting, following activities took a prime place:

- Submission of the monthly Report in black and white
- Sharing of Best Practices and success stories from the field they are involved in.
- Input sessions by special guests or Director or consultants for further progress.

ORIENTATION TRAINING ON AGRO-BASED LIVELIHOOD:

Two-day's training on Agro-based livelihood opportunities was organized. The experts from the Department of Agriculture and Food Processing unit at Thanjavur were invited as resource persons. Experienced and successful entrepreneurs shared their experiences with the participants. The two day's trainings were facilitated by Dr. A. Sekar, in coordination with the Development consultant Mr. Pamaiyan from Madurai.

The Agro based Entrepreneurship training was held in two phases for two days each in which 50 farmers participated and benefited from each training. Inputs were provided on Nursery farming, Fish Farming, Dairy Farming, Herb Gardening, Bee Farming, Flower farming, Vegetable Landscaping, Mushroom farming etc. to the participants during the two day's trainings.

TRAINING IN LIVESTOCK CUM DAIRY DEVELOPMENT:

The livestock sector had emerged as a vital sector for ensuring a more inclusive and sustainable agriculture in the upkeep of the eco system. Dairying has become, therefore, as an important and primary source for generating employment and income opportunities particularly for the women folk even at crisis situations. Major portion of the milk is being produced from the animals reared by small, marginal farmers and landless labourers for the consumption of the millions. TMSSS organized five-day training programme to orient the women farmers and entrepreneurs on dairy farming. The major components of the training included upgradation of their Skills in Dairy Farming & Cattle Breeding, Maintaining Livestock, accommodation, Summer & Winter management, providing Feed and Water for Live stocks and for the increase of their Reproductive capacities.

PROMOTION OF FARMERS PRODUCER ORGANIZATIONS:

With the noble objective of making the farmers to be engaged in direct marketing Farmers' Producer Groups were formed. In each group 15 to 25 members got enrolled. They used to meet once in two months to discuss and share the production methods, value addition of milk and its by products and marketing strategies etc. TMSSS actually planned to form such 25 Farmers' Groups. Due to COVID 19, we were enabled to form only 15 Groups. The other groups are under the process of formation still. After the pandemic situation is reduced the planned activities will be resumed.

TRAINING TO OFFICE BEARERS OF FPO

The elected office bearers of the Farmers Producer Organizations (FPOs) were given training in Book-keeping. The leaders of the organizations were trained in documentation, report writing, account keeping and preparation of supportive documents of the meetings, trainings and discussions. In addition, the members were oriented on communication and management skills of the FPOs.

CREATION OF BIODIVERSITY FOREST:

In view of addressing the climate change and the impact of modern mono-cropping and cash crops TMSSS encouraged the farmers to adapt Biodiversity forests. Women farmers planted more than 20 varieties of tree species numbering 7000 and ensured the protection of the plants.

DISTRIBUTION OF REVOLVING FUND:

50 Women Farmers were short listed for livestock development programme. Each women farmer was given a loan of INR.15000 to be repaid in equal monthly instalments of INR.1500 from the third month for a period of 10 months. The members were asked to pay only a service charge and the loan was interest free. In total of INR. 750000 was issued under revolving fund programme.

Exposure Visit:The Livestock farmers and two staff were taken for an exposure programme to Don Bosco Eco Farm where they have integrated organic farming with livestock development. 50 farmers participated in the exposure to Multiple Cropping / Mixed cropping, Integrated farming practices such as Livestock, Fish culture, Horticulture, Agriculture etc.

WOMEN WELFARE ACTIVITIES

SURABI - MAHALILR MEMBATTU IYAKKAM

The SURABI – Society for Development, one of the units of Tiruchirappalli Multipurpose Social Service Society (TMSSS) based on the theme “Improvement of Natural Farming and prevention and control of COVID 19 pandemic situations and introducing Special activities” have planned all the activities for the year 2021-2022.

Annual Plan:

- To establish home gardens among 100 SURABI beneficiaries / members.
- To generate awareness to the volunteers identified under RCCE and provide them continuous training on Corona, Omicron, Delta Virus etc., and their ill effects.
- To organize and conduct Medical Camps.
- To provide training on Natural Farming practices.
- To identify and encourage the farmers who are engaged in Natural Farming, Cattle breeding and provide them incentives.
- To generate awareness and provide counselling services to the volunteers identified under “Ezhuvom Iyakkam” programme.
- To create a Net Work among the centre affected people.
- To identify and desilt the tanks in Panchayat limits and plant tree saplings.
- To train the people who enter into small businesses.
- To organize and conduct Executive Committee Meetings in January and June.
- To organize and conduct General Body Meeting during January.
- To plan and celebrate the World Women’s Day.

Trainings Organized:

- Basic rights on land and livelihood.
- Protection of environment.
- Water conservation and rain water harvesting.
- Strengthening of the Federations.
- Training and field visits oriented towards Natural Farming.
- Awareness on Women issues and Family Welfare.
- Awareness and Treatment on Cancer especially breast and cervical cancers.
- Awareness training on drug addiction and alcoholism.
- Enhancing the managerial capacities.
- Para legal trainings.

- Training for small entrepreneurs.
- Training on the protection of girl children.

The above trainings were given to the coordinators and the members of the Society with the help of experts in the appropriate fields.

Special Events:

- ❖ The General Body meeting was held on 07.01.2022. In the meeting it was planned to celebrate World Women's Day, Awareness on Cancer, COVID 19 Pandemic etc.,
- ❖ The State Officer of CARITAS INDIA Dr. John Arokiaraj, Fr. Albert Thambithurai of TASOSS-Tiruchy, Dr. Rubi Balu of Harsha Mitra Hospital, Fr. John Selvaraj, the Secretary cum Director and Fr. Jeyaraj, the Treasurer participated in the meeting and rendered their valuable suggestions and advices for the smooth and efficient functioning of the society.
- ❖ As per the Annual Planning all the programmes like Natural Farming, Medical Awareness, Soil and Water conservation, Formation of new groups etc., was conducted successfully.
- ❖ In view of safe guarding and protecting the lives of the people during pandemic periods, 50 volunteers were identified, trained and they were given identity cards, medical kits etc.,
- ❖ Loans were disbursed to 10 people who are unemployed during the pandemic period to indulge in sale of vegetables, fruits etc., and thereby mend their socio-economic living.
- ❖ As a result of the small entrepreneurs training Rs. 7,46,65,000/- were given as loan to 3154 members identified from Women groups from Tiruchy, Manaparai and Keeranur areas.
- ❖ Compensations to 31 families at Rs. 10,000/- each from the Insurance company who lost their earning members in their families. Thus during the year Rs. 3,10,000/- were distributed to the concerned families.

Achievements of SURABI:

S. No.	Place	No. of Groups	No. of Members
1	Tiruchirappalli	240	3,169
2	Manaparai	156	1,735
3	Keeranur	72	860
4	Kulithalai	24	267
5	Kolping group affiliated	12	228
	Total	504	6,259

TMSSS – KOLPING INDIA PROJECT

Kolping India programme with the aim to nurture the Humanity among the rural poor with proper livelihood, economic stability, foster self-esteem and self-sustainability with the thrust to build ***A BETTER TOMORROW.***

After completing the TWINNING PROJECT, over the last 2 years, we have started and expanded our Goal and Objectives based on our present situation of Ecological Situation. This plan for the year 2019 to 2022 was focused on the Project Phase mainly on the following Ecological Issues:

1. Environmental issues covering Sanitations
2. Open Defecation
3. Solid Waste Management
4. Water Contaminations
5. Rain Water Conservation/Harvesting
6. Conventional Farming
7. Organic Agriculture
8. Model Nursery – Saplings Distribution
9. Awareness creation on the present situation of Covid 19 pandemic.

KOLPING GROUPS AND FEDERATIONS:

1. Total No. of Groups :64
2. Total No. of Areas : 5 Clusters
3. Total No. of Federations: 5
4. Total No. Of Members : 1060

1. SAVINGS AND REVOLVING FUND:

The group savings of the Groups is around 91 lakhs. The savings is being utilized by the members as a Revolving fund. Any member can get a loan between Rs. 50,000 to Rs. 100,000 with a minimum service charges. The members can fulfill their family needs particularly their emergency needs within their own savings. There is no need to borrow money from anybody or moneylenders. So, they are being saved from undue exploitations.

2. Motivational Capacity Building trainings and Meetings conducted during the year:

TRAININGS CONDUCTED:

- ❖ Awareness Training on Ecological Issues
- ❖ Health and Hygiene / Open Defecation
- ❖ Water Contamination / Solid Waste Management
- ❖ Conventional farming
- ❖ Mass Sensitization Program
- ❖ VDC and VLKF Formations and Trainings
- ❖ EDP and Skill Trainings
- ❖ Model Nursery and Sapling Distribution
- ❖ Social Forestry
- ❖ Pond Desilting and deepening

Mostly these kind of trainings and meetings were conducted in their areas according the area needs. As a result of the seminar and motivational training programs, the vulnerable individuals are organized into Social structures in various levels and capacities and enhanced to manage their own self sustainability. They are enabled also to access their Rights, Govt. Schemes and services to address their issues by participating effectively in local decision making process as and negotiating as collective structures.

Efforts taken by Kolping Groups for the following issues:

- Ignorance on Health and Hygiene / sanitation.
- Lack of basic amenities fullfilment
- The Level of Increase in Unemployment and Migration ratio after COVID 19 pandemic.
- Financial struggle and Family conflicts
- Standard of Education affected and Increase in Child labour.
- Increase in Alcoholism and Addiction to social media mainly among youth
- Cultivation of Agriculture Farming and farm labour is decreasing. Easy sale of Agricultural lands to the landlords and companies.
- Ecological problems of Air, Water and Land due to Contamination of water, Air Pollution, soil erosion that are comparatively increasing.

INCOME GENERATION PROGRAMME:

The capacities of Target people are enhanced and financially supported to increase their income opportunities either by integrating or forming collective structures to manage their Income Generation Activities successfully. Women were able to earn their own income without depending on others.

The IGP activities are tea and petty shops, cloth (Garments) sales, grinding flour, Tailoring & embroidery; Cattle-goat rearing, Candle making and cosmetics, production of Masala and Nutrition powder, grocery shops, fish, fruits and vegetable vending, making of phenyl, pickle, pappadam, cleaning and washing powder, Wood Carving and electrical work shop. These participants were facilitated to improve the growth of their families particularly for the girl children studies.

Almost 40% of the participants started to involve themselves. 210 members were benefitted through IGP loan amount of Rs. 16,45,000, 10 members for MAP and one group with 19 members got CIGP.

Some produce and sell their own products and get commendable income and they use that income mostly for their children's higher studies particularly for the girl children.

Despite that, the girls are not still allowed to go for higher studies in the villages. But now 18 girls from our groups are going for higher studies and some go for Engineering and Computer Courses and also for Teacher Training Studies.

SPECIALLY FOCUSED ACTIVITIES:

This year we have concentrated in the Ecological Awareness Trainings. These Trainings were focused on the basis of land and water. So we have given saplings to the members to encourage tree plantation. In addition, two ponds have been cleaned and desilted in two villages viz. at Kalimangalam and T. Kavalur. Saplings were also planted near the ponds.

The village President, Ward members, School teachers with children, MS and the members participated in the Awareness Rally and meetings. It was very heartening to see their interest in participating in the above programs.

SPECIAL PROGRAMS:

➤ KOLPING FAMILY DAY (MUPPERUM VIZHA) CONDUCTED

CIGP Inauguration, Kolping house blessing and Kolping Family Day celebration. It was a grand function. The Most Rev. Bishop of Trichy, Dr. S. Arokiaraj, The National Director Rev. Fr. Maria Soosai, our TMSSS Director Fr. John Selvaraj and our TMSSS Treasurer Fr. Jeyaraj participated.

- The bishop blessed the kolping day and general body meeting conducted on the theme of save ecology.
- Seven-fold function was celebrated also by mmi kolping movement.

ACTIVITIES: ECOLOGICAL ISSUES OUTCOMES:

1. Contaminated Water: Ariyamangalam and Kalimangalam

- Study about the Ecological situation in 4 villages of Ariyamangalam, Kalimangalam T. Kavalur and Karungulam was done. Awareness meetings and Programs also have been conducted in two villages of Ariyamangalam and Kalimangalam.
- The people also are motivated to change to Organic Agricultural system.

2. Rainwater Conservation/ Harvesting:

- Base line study also was done in this area about the problem. THREE Awareness meetings also were conducted.
- The Govt. Officials have also been contacted by the people representatives and they visited the place and took action to clean the drainages.
- Five members constructed RWHS and they were very proud to use the RWHS.
- This system helped to save the water for their domestic need and also for Kitchen Garden.

3. Sanitation, Milch Animal, VTP, and Housing Programmes:

- 20 persons were selected for SAP support, and they all constructed and started using them.
- Motivation and guidance given for availing toilet, housing schemes from the Govt. 5 HAP beneficiaries selected and given loan to construct houses. Now 2 members finished and almost 3 of them are in the finishing stages.
- 4 Members got support for Milch Animal breeding.
- 6 Members' Children got VTP support

CONCLUSION:

In this present situation, it's a big challenge to meet the people, conduct meetings and trainings and also repayment collections particularly due to Covid 19 pandemic situation. Even though, we tried to make them active to work for a social change and economic stability through various regular activities of Awareness Programs, Meetings and Trainings. On the whole we hope to bring out self confidence and self reliance among the group members under Kolping project. Regular contact and visits fosters the relationship which enthuses energy to go forward further. By maintaining a good relationship with the target people, Kolping groups were able to achieve the objectives to bring change in the lives of women.

ST. MARY'S WORKING WOMEN HOSTEL

From the year 1989, TMSSS is running and maintaining the working women hostel without any profit motive and purely on charitable purpose to help working women, who have gained employment opportunities within Tiruchy and its vicinity. The working women admitted

. They too are being given the best care and protection while their mothers are away from the hostel.

The hostel was built with the 75% grant-in-aid of the Govt. of India, Ministry of Women and Child Development together with the 25% financial contribution of the Institution.

The fees charged for rent, food, electricity consumption and other basic services are very nominal when compared to the fees charged by other hostels. Therefore there is always a great demand for securing admission.

Due to COVID 19 pandemic situation many colleges have refrained from conducting classes and many companies / employers have also announced their lockdowns. Therefore during this pandemic period we were able to accommodate only 12 working women and 20 Post Graduate students. Among the students accommodated 15 of them are either semi or full orphans. Therefore we are proud to state that we have given the utmost care during their stay to make it more pleasant and homily.

The basic objectives in running and maintaining the hostel despite the non-receipt of any grant or subsidy from any source are:

Objectives:

- To provide safe and secured boarding and lodging facilities.
- To enthuse and empower the inmates to develop and nurture the team spirit while they are there.
- To provide all the basic and appropriate facilities to make their life comfortable and pleasant.
- To provide the required care and attention, including protection for the young children of the working mothers during their absence.

Note: The District Social Welfare Officer visits the hostel at frequent intervals and ensure that the Government norms are being maintained.

The Secretary cum Director of the organization also have scheduled his programme to visit, inspect and arrange for the requirements concomitantly so as to facilitate all the inmates to feel and live happy.

Celebrations:

Due to COVID 19 pandemic situation and subsequent total lockdowns the hostel was not favoured in celebrating Ayudha Pooja with the participation of all the inmates irrespective of any caste creed and religion.

But however, being the hostel owned and run by a Christian Institution, the Christmas day was celebrated with the participation of a limited number of inmates strictly following the safeguard instructions of the local Government.

We are pleased to give the following two testimonies given by the inmates in their own words and language without any alteration to make them authentic and truthful.

Testimonies:

Ms. Archana: I am Archana from Thanjavur, I am working here in Trichy by staying in this Hostel for about eight months. I definitely like to say about this environment here which is so pleasing and beautiful and I loved it. Room facilities, electricity and restroom facilities are good with proper maintenance. Workers and Roommates are very kind and helpful. This place is giving me more hope and divinity to move forward in my life.

Ms. Christy: This is Christy from Attur, I am an M.A Graduate. My Father is a milkman, my Mother is a homemakers and I have a younger brother who work as a driver in a well known company.

I have been staying in this hostel since 2019. When I entered into this Hostel first thing which impressed me was this hostel atmosphere. This Hostel is brighter, lighter and more airy. I felt very comfortable, happy and peace full. I feel this Hostel to be my second home. The sister who is in charge guided me and supported me in all my crises and showered her love abundantly on me. I thank all the people who made me to feel the love and affection of other inmates.

Conclusion:

The inmates of the hostel whether they are Working Women with or without children or Post Graduate students, have spent their life more happily, safely and sacredly in our hostel during the year 2021-22.

FAMILY COUNSELLING AND RECONCILIATION CENTRE

(Supported by Central Social Welfare Board, New Delhi)

The Family Counselling Centre provide counselling, referral and rehabilitative services to women and children who become as victims of atrocities, family maladjustments and social ostracism and also provide crisis intervention and trauma counselling in case of natural disasters.

The services are open to individuals, couples and families. The couples with young children and teenagers are also given priority attention.

Many people contact the family counselling service for advice about day-to-day problems, conflicts or crises in the family.

Family counselling centre have appointed qualified and experienced social workers and other specialists as per requirements for referral services. Family counsellors have to maintain a duty of client confidentiality at any cost.

TMSSS is greatly concerned with family to function as a healthy unit. So TMSSS had established a Family Counselling Centre in Old GH Campus at Pudukottai district with the grants-in-aid of the Central Social Welfare Board, New Delhi processed through the Tamilnadu Social Welfare Board, Chennai since the year 1987. Our **TMSSS proudly says we have run this project for the past 35 years very successfully. The inspection report by the visiting officer would certify it.**

Accomplishments of the centre during the year 2021-2022

No.of cases registered	262
No.of cases settled after counselling	227
No.of cases under process for settlement	35

Types of cases received

Dowry demands	15
Domestic Violence (Mental and Physical torture)	14

Maladjustment due to

Personality difference	13
Interference of Parents/In-laws	05
Extramarital relationship of the Husband	19
Alcohol/drug addiction	31
Economic crisis	11

Any other specify

Suspicious thought	12
Misunderstanding with the Husband & Family members	22
Harassment by the husband	16
Depression	08
Family property dispute	14
In-laws harassment	13
Multiple disorders	11

Any other specify

Separation	30
Love affair	16
Impotency	00
Child Marriage	05
Ran away child	07

Assistance rendered

Counselling and guidance	262
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Referred to

Legal aid	13
Drug-de-addiction-Rehabilitation centre	29
Mutual settlement	03

Any other specify

Referred to Protection officer	07
To become Self-reliant	47

Referred to psychiatric hospital	04
Referred to Short stay homes	05
Mutual separation	02
Referred to one stop centre	23
Referred to Court	13
Drop outs	06
In-process	35
CWC	03
Received guidance	05

Outcome of closed cases

Reconciliation	67
Separation	00
Mutual settlement	00

Awareness and Motivation programmes organized during year 2021-2022:

AWARENESS PROGRAMME

DATE	PLACE	TOPIC	No of participants
16.04. 21	Pragadhambal puram, Keeranur, Pudukottai	Awareness about Family counselling, Domestic Violence act 2005 among the Minority people.	20
05.05. 21	TMSSS Head Office	Stress Management	30
16.06.21	Pidarampatty- Trichy	Awariness about Parenting	40
26.06.21	Kalimangalam- Trichy	Child Marriage	28
15.07. 21	Sokkanadha puram, Annavasal, Pudukottai	Decent working conditions in the textile supply chain for women	25
11.08.21	Tiruchirappalli Multipurpose Social Service Society, Tiruchy	AZADI KA AMRIT MAHOTSAV	30
18.08.21	TMSSS Head Office	Stress management	35

08.09.21	TMSSS Head Office	Awareness about 181 – OSC & FCC	40
30.09.21	Keela saveri pattinam, Keeranur, Pudukottai	Awareness about Woman Helpline	25
25.10.21	St. Mary's Hr. Sec. school Manaparai.	Awareness about Good and Bad touch	94
18.11.21	Mother Tresa Girls Hr. sec. school, Veerapur.	Awareness about Good and Bad touch	80
12.12.21	TMSSS Head office	Legal awareness for women	25
25.01.22	TAJ Hall Pudukottai.	Decent working conditions in the textile industry for adolescent girls	30
10.02.22	De addiction centre - Keeranur	Role of family to deal with drunkard people in general.	25
14.03.22	TMSSS- Madona's Complex Trichy	International women's Day Celebrations.	75

The details of Sub-Committee meetings held 2021-2022:

S. No.	Date	No. of participants	Topic
1	29.06.2021	12	Evaluation& Planning
2	28.10.2021	14	Evaluation& Planning
3	30.12.2021	10	Evaluation& Planning
4	30.12.2022	12	Evaluation& Planning

OTHER ACTIVITIES:

The counsellors visit All Women Police Station at Pudukottai and Trichy at periodical intervals to render counselling services to the clients in need as per the referrals of the Inspector in charge. The family counsellors extend all possible supports to help them to come out of their present problems and also find alternative sources to come out their problems perennially.

OTHER SOCIAL WELFARE ACTIVITIES & RELIEF WORKS

MEDICAL RELIEF, EDUCATIONAL AIDS & OTHER CHARITABLE

OBJECTIVE:

The prime objective of continuing this programme is to provide imminent and temporary relief to the poor and the disadvantaged communities without any discrimination on the basis of caste, religion, language and colour, who are not facilitated to meet their emergent medical, educational and other social needs due to their poor and deplorable economic and social conditions.

Due to COVID 19 pandemic and subsequent closure of all religious places we have been restrained from celebrating the Easter services this year. The offerings collected on Maundy Thursday Mass in all the Churches and the Institutions are given to TMSSS in turn extends the required financial support to the needy. Since that collection has been curtailed this year the **TMSSS valuing the genuine need of the poor extended some financial support from its own resources.**

The help extended during 2021-2022 are:

- a. Medical Help to 100 people ranging from Rs. 500/- to Rs. 5000/- each depending upon the severity of their diseases and consequent expenditures.
- b. The number of people benefitted from other financial support for charitable activities are 150 during the year. The support ranges from Rs. 500 to Rs. 3000/- These are mainly for house repair, meeting family emergent expenses like for food, clothing etc.,

Note: The above supports are being given only at the authorization and recommendation of the respective parish priests or head of Institutions. We thank the Almighty for enabling us to provide such services to the poor and needy during this pandemic period from own source.

EMPOWERMENT CENTRE

OBJECTIVE:

To serve as a common platform for NGOs, Government Departments, University students, Private Business and Service institutions, Religious groups, Individual families etc. to organize and conduct their trainings, seminars, meetings, dialogues, discussions, workshops, sharings and celebrations etc. residentially and non residentially besides for the use of TMSSS own activities.

Existing fully furnished facilities:

32 double bedded rooms, St. Thomas Hall with 300 - 400 seatings, Roa Hall with 100-150 seatings, TLS hall with 40 seatings, SK A/C hall with 60 seatings, A/C Conference Hall with 30 seatings and Dining hall with 100 seating facilities. All the facilities have now been renovated to make the users more comfortable and pleasing.

St. Thomas Hall and Roa Hall has been equipped with modernized sound system and the Roa Hall has projector facility for presentation with A/c facilities.

One of the double rooms has been converted into an A/c room to accommodate the foreign visitors besides having two other A/C rooms with two bedded facilities. Changing of floor mats are still under progress in many of the rooms and we are sorry to state that only half the portion has been completed due to financial restrictions. As and when we get the requested funds they too will be attended properly.

For rainwater harvesting and thereby enrich ground water potential drainage system has been constructed with a sump at the end of the main building. In addition a new bore well also has been made within the campus to meet the increasing requirements in full.

Despite the COVID 19 pandemic lockdown we were able to rent some of our facilities to turnout an income to compensate the lawful expenditures.

STAFF ENHANCEMENT PROGRAMS 2021-22

S. No.	Date	Name of the Program	Organized by	Attended by	Place
1	15.04.2021	ERRIN PROJECT Zoom Meeting	CARITAS INDIA	Eugine	TMSSS
2	16.04.2021	Review and Planning meet	Kolping / TMSSS	Prog. Staff and Volunteers	TMSSS
3	11.05.2021	Review and Planning meet	Kolping / TMSSS	Prog. Staff and Volunteers	TMSSS
4	24.06.2021	RCCE Questinnaire meet	TASOSS	Eugine	TMSSS
5	27.07.2021	Review and Planning meet	Kolping / TMSSS	Prog. Staff and Volunteers	TMSSS
6	15.07.2021	Children Parliament State level convention Zoom Meeting	CARITAS INDIA	Eugine	TMSSS
7	26.07.2021	Volunteers Training	TASOSS	Eugine	TASOSS
	04.08.2021	Learning Disability		Dr. Prabhakar	Holy Cross Service Society
	05.08.2021	Autism		Mr. Pachaiappan, National Institute	TMSSS
	07.08.2021	IEP		Ms. Kayal	Holy Cross Service Society
8	11.08.2021	Mass Sanitization Program	TMSSS /GH	All Staff	TMSSS
9	17.08.2021	Kolping Coordination cum Orientation meeting	Kolping India	Dr. Eugene	Chennai
10	18.08.2021	Volunteers Training	TASOSS	Eugine	TASOSS
11	24.08.2021	Review and Planning meet	Kolping / TMSSS	Prog. Staff and Volunteers	TMSSS
12	27.08.2021	ERRIN PROJECT Zoom Meeting	CARITAS INDIA	Eugine	TMSSS
13	31.08.2021	COVID 19 Support to Corporation workers	Kolping India	Prog. Staff and Volunteers	Trichy
14	17.09.2021	Kolping Coordination cum Orientation meeting	Kolping India	Dr. Eugene	Chennai

15	23.09.2021	Covid 19 Support Medical Kit distribution by Bishop	CARITAS INDIA	All Staff	TMSSS
	25.09.2021	Tamilnadu State Level Advocacy Meeting		Mr. Prabhakar Ms. Leela Agnes	Holy Cross Service Society
16	28.09.2021	Covid 19 Support Medical Kit distribution	CARITAS INDIA	Prog. Staff and Volunteers	TMSSS
	28, 29, 30.09.2021	Autism		Dr. Prabhakar Ms. Kayal	Holy Cross Service Society
17	29.09.2021	Children Parliament State level convention Zoom Meeting	CARITAS INDIA	Eugene	TMSSS
18	27.10.2021	Kolping Beatification Day & Training	Kolping India	Prog. Staff and Volunteers	TMSSS
19	4,5.11.2021	Kolping Day and Training on Protection of Environment	Kolping India	Dr. Eugene	Kottar
20	05.12.2021	CIGP Exposure visit and Training	Kolping / TMSSS	Prog. Staff and Volunteers	Ponneripuram
21	9,10.12.21	National level Yearly Review and Planning Meeting	Kolping India	Dr. Eugene	Chennai
	17.11.2021		CHAI		TMSSS
22	21.1.2022	Review and Planning meet	Kolping/Tmsss	Prog. Staff and Volunteers	TMSSS
23	08.02.2022	Review and Planning meet	Kolping / TMSSS	Prog. Staff and Volunteers	TMSSS
24	09.02.2022	Project perspectives preparatory meeting	Kolping / TMSSS	Prog. Staff and Volunteers	TMSSS
25	18.02.2022	Kolping Family Day & Mupperum Vizha	Kolping / TMSSS	All Staff	TMSSS
26	15.04.2022	Volunteers Training	TASOSS	Eugene	TASOSS
27	17.04.2022	Seven Fold Function	TMSSS	All Staff	TMSSS

STUDENT EMPOWERMENT

S. No.	Name of the College / University	No. of Students	Course
01	Adaikala Matha Institute of Social Work, Thanjavur	1	I MSW
02	Bishop Heber College, PG & Research Department of Social Work, Trichy	5	I MSW
03	Holy Cross College, Department of Social Work, Trichy	1	II MSW
04	Holy Cross College, Department of Social Work, Trichy	1	I MSW
05	Holy Cross College, Department of History, Trichy	19	III B.A
06	Bharathidasan University, Department of Social Work, Trichy	4	II MSW
07	IGNOU, Bishop Heber College, Trichy	1	I MSW

ADMINISTRATION

The List of the General and Governing Body Members of TMSSS

S. No.	Name	Designation
1.	Most Rev. Dr. S. Arokiaraj – Bishop of the Diocese	President
2.	Mr. D. Stanislaus, Tiruchirappalli	Vice President
3.	Fr. B. John Selvaraj, Tiruchirapalli	Secretary cum Director
4.	Fr. A. Jeyaraj, Tiruchirapalli	Treasurer
5.	Fr. A. Susai Alangaram, Tiruchirappalli	Member
6.	Mr. C. John Britto, Tiruchirappalli	Member
7.	Fr. S. Chinnappan, Viralimalai	Member
8.	Fr. T. Eugene, Tiruchirappalli	Member
9.	Fr. M. John Peter, Tiruchirappalli	Member
10.	Mr. G. Pitchai Arockiam, N.Poolampatty	Member
11.	Mrs. Prabha Chella, Tiruchirappalli	Member
12.	Mr. M.D. Robert, Tiruchirappalli	Member
13.	Mrs. Suganya, Tiruchirappalli	Member
14.	Fr. L. Anthuvan, Tiruchirapalli	Member
15.	Dr. D. I. Geroge, Tiruchirapalli	Member
16.	Fr. Innasimuthu, Tiruchirapalli	Member

The List of the General and Governing Body Members of SURABI

S. No.	Name	Designation
01.	Most Rev. Dr. S. Arokiaraj	President
02.	Mr. D. Stanislaus, Tiruchirappalli	Vice President
03.	Fr. B. John Selvaraj, Tiruchirapalli	Secretary cum Director
04.	Fr. A. Jeyaraj, Tiruchirapalli	Treasurer
05.	Fr. A. Susai Alangaram, Tiruchirappalli	Member
06.	Mr. C. John Britto, Tiruchirappalli	Member
07.	Fr. T. Eugene, Tiruchirappalli	Member
08.	Fr. M. John Peter, Tiruchirappalli	Member
09.	Fr. L. Anthuvan, Tiruchirapalli	Member
10.	Fr. Innasimuthu, Tiruchirapalli	Member